Date:

**To whom it may concern**

This is to certify that **de-identified research data** (i.e. bearing no personal identifiers, such as Name, Address, National Identification Number) **from the Panel on Health and Ageing of Singaporean Elderly (PHASE)** ‒ a longitudinal survey based out of the Centre for Ageing Research and Education (CARE) at Duke-NUS Medical School, Singapore ‒ will be shared with [Name of data requestor] of [Data requestor’s institution] for the purpose of his/her\* proposed study “[Name of data requestor’s study]”. The de-identified data will be shared only after [Name of data requestor] has received approval for the proposed study from the Institutional Review Board (IRB) of his/her\* institution.

\*delete where applicable

PHASE is a longitudinal survey of 4990 Singapore citizens and permanent residents, with 3 waves of data collection till date, all conducted after written informed consent of the participants: PHASE Wave 1 (also known as ‘Social Isolation, Health and Lifestyles Survey’) conducted in 2009, PHASE Wave 2 (also known as ‘Panel on Health and Ageing of Singaporean Elderly 2011’) conducted in 2011 and PHASE Wave 3 (also known as ‘Singapore Assessment for Frailty in Elderly - Building upon the Panel on Health and Aging of Singaporean Elderly, 2015’) conducted in 2015.

Sincerely,

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